Manonmaniam Sundaranar University
M. Phil Social Work Programme
(for affiliated colleges with effect from 2018 – 2019 Onwards)

S.No	Semester	Course Title	Credits	Hours / Week
1	I	**Core- I** : Research and Teaching Methodology	4	4
2	I	**Core- II** : Contemporary Social Work	4	4
3	I	**Project Oriented Electives:** 1. Human Resources Management 2. Family & Child Welfare 3. Community Development 4. Medical and psychiatric Social Work	4	4
4	II	**Project & Viva – Voce**	12	-
		Total	24	-

Course Title: RESEARCH AND TEACHING METHODOLOGY
Core : 1   **L T P C**
                                                                                                                          4 0 0 4
Objectives:
- To strengthen the understanding of research methods.
- To help them conceptualize research projects.

Unit I

Basics of social Research: Natural and social science, Scientific Method: concept of research, components, concept, scope and ethics, approaches, characteristic and purposes, logic and techniques of research: ontology, epistemology, grounded theory. Theory, facts, concept constructs Variables and Hypothesizes, Research Problem, Identification and Formulation.   **(10 L)**

Unit II

Social work Research: meaning, objectives, scope, process, integrating research and social work practice. Research Design**:** meaning, component and importance of typology of research design, cross sectional and longitudinal studies, case studies, participatory and rapid assessment procedure; single subject research process, types. Qualitative   research meaning, scope, characteristics, strategies, criteria: methods of qualitative research: ethnography, focus group discussion, life history (oral and narrative) and content analysis – use and limitations.   **(14 L)**

Unit III Data Collection & Types of Data

Sources of data – Primary and secondary, online journals and resources, Research tools – interview schedule, guide, questionnaire & case study-   Scaling techniques – L.L. Thurstone and Likert Scale - reliability and validity - Methods of data collection – observation, interview. Sampling – need, Types and procedures. Determination of sample size. Sampling error. Preparation of research proposal, Report writing, communicability of research, Quantitative research: Meaning, types, quantitative vs quantitative research triangulation and are protocols. Action Research, Mixed methods Evidence based research. **Evaluation Research in social work:** Multiple study design, impact study, cost benefit analysis, social impact analysis, use of evaluation research   **(14 L)**

Unit IV

Data Analysis: Analysis of quantitative data: meaning, scope, and limitations of statistics. Data types, summation, organization and presentation of data, frequency distribution, tabulation and diagrammatical and graphical presentation. Correlation: Simple, Partial and Multiple. Regression: Linear, stepwise and multiple methods of hypothesis Testing parametric and non- parametric tests. Chi – square; time series analysis (students may be given a brief orientation /introduction on ANOVA, ANCOVA, MANOVA, index number, cluster analysis, factor analysis, path analysis and logistic regression) Packages for Data Analysis. **Analysis of qualitative data:** data reduction, data display and conclusion, interpretation, explanation and theorization. **Research**

proposal and Reporting Research: structure of research report – audience - writing quantitative and quantitative report, referencing.   **(14 L)**

Unit – V Methodology of Teaching (8 L)

Teaching – Objectives of Teaching, phases of Teaching – Teaching methods: lecture method, discussion method, discovery learning, Inquiry, Problem solving method, project method. Seminar – Integrating ICT in teaching: Individualised instruction, ways for effective presentation with power points, documentation – Evaluation; formative, summative & continuous and comprehensive Evaluation. Later Adolescent Psychology; meaning, physical, cognitive, emotional, social and moral development – Teaching later adolescents.

(Total   60 L)

References

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Course Title: CONTEMPORARY SOCIALWORK

Core No: 2   **L T P C**
                                                                                  4 0 0 4

Objectives:

- To enable students to learn about the profession of social work and its importance.
- To develop the knowledge of students about fields of social work, its practice and application.
- To develop an insight in students about various theories of social work.

Unit I

Social Work – A profession in changing contexts – Macro-level contexts – Meso-level contexts – Micro-level contexts – values, ethics & empowerment. Social realities and responsibilities of professional social workers. Theories related to social group work and community development   **(10 L)**

Unit II

New directions for social work: Interdependence – Reciprocity, Citizenship and social justice. Radical social work – roots – radical social work diaspora – feminist social work practice – issues. Intervention paradigms – the four forces of social work: Psycho dynamic paradigms, cognitive/behavioral/communication paradigms, experiential/Humanistic/Existential/paradigm, transpersonal paradigms.   **(10 L)**

Unit III

The strengths approach to social work practice: Guidelines for strength assessment - assessment process: Defining the problem situation, framework for assessment, the strength model - Approach with individual, group and community –. Social problems relating to Ageing, Transgender, human rights, unemployment, gender issues, communal riots, drug abuse, de-addiction, alcoholism, child labour, poverty, illiteracy, crime and violence, juvenile delinquency, victims of trauma, substance abuse.   **(14 L)**

Unit IV

Crisis Intervention - crisis and stress - techniques of crisis intervention - Crisis Intervention Model - Bereavement of loss – A frame work for understanding, coping with catastrophe. Task centered functions – Phases – Issues - psycho-social approach - Behavioral social work – Benefits and techniques - A frame work for social work practices - constructive social work approach -   Application & limitations.   **(12 L)**

Unit V

Models and Theories in social work: The problem solving model - The Psycho-social therapy model - Functional model – Behavior Modification Model — Task centered case work model – Holistic model - Therapeutic model - Psycho analytic theory - Marxist Theory -Feministic theory - Cognitive – behavioral theory – Psycho-dynamic theory – Ecosystem - system theory - Role theory - Gestalt theory, CBT to social work – Attachment theory & social relationship.   **(14 L)**

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HUMAN RESOURCES MANAGEMENT

Project Oriented Elective No: 1   **L T P C**
                                                                4 0 0 4

Objectives:
- To develop the knowledge of students about fields of Human Resource Management, its importance, practice and application.
- To develop an insight in students about various theories & challenges of Human Resource Management

Unit I

HRM – concept, meaning and evolution of HRM and HRD. HR - challenges and opportunities, HR – polices, procedures and programmes - HR policies, procedures and programmes - HR planning, recruitment, selection, placement, psychometric tests, employee attrition and retention, career planning and development and strategic HRM.

(12 L)

Unit II

Compensation Management – wage and salary Administration, current trends in compensation Management. Training and Development – policy, training need analysis, designing, conduction and evaluation of training. Competency mapping, knowledge Management.   **(12 L)**

Unit III

Performance Appraisal and potential appraisal, performance, counseling, performance management, grievance handling, health and safety management – TQM (Total Quality Management), Quality at work life (QWL). Employee separation, HR Audit and HR Outsourcing.   **(12 L)**

Unit IV

Management of change: Process of managing organizational change, managing resistance to change, strategies and guidelines for imparting change approaches to planned change - process of organizational development, designing intervention and evaluation intervention. Team building – conflict management.   **(12 L)**

Unit V

Corporate Social Responsibility (CSR) – concept - need, importance, CSR in Indian context and in Global scenario, corporate community participation, role and skills of social policies and activities, CSR standards and norms, case of successful CSR initiatives.   **(12 L)**

(Total   60 L)

References:

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FAMILY AND CHILD WELFARE

Project Oriented Elective No: 2   **L T P C**
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Objectives:
- To help the students understand the Theoretical and conceptual framework of family and welfare issues.
- To understand and promote Child, women and youth welfare.

Unit I

Theoretical and conceptual framework to study family: origin and evolution of family and marriage. Ideology of family rights and responsibilities, normative family and marriage function and structure, ethnicity and socio-economic background, Social changes and changes in family and marriage function and structure, implications for the family and its members. Alternative family and marriage patterns and structure: dual earner/carrier family single parent families, female headed household childless family, methods for family assessment and its implications, modes of awareness building. **(12L)**

Unit II

Family Welfare: concept, family planning and family welfare planning, methods of family planning, critical review of International, National and state policies and programmes for family planning, life education population, education and sex education: concept, scope, need, techniques. History and definition of family violence, studying family violence. Theories of family violence. **(12L)**

Unit III

Child welfare: Concept, constitutional safeguard, International, National and state level policies, child rights - UN charter legislations related to child, Factors influencing child development, girl child socio-economic practices and their impact on girl child. Child in special circumstances - destitute child, delinquents child: child welfare board. Child abuse, and neglect, societies' role in abuse and neglect, child exposed to domestic violence. Critical review of child welfare programmes of UNICEF, WHO, ILO, Government of India and state government. **(12L)**

Unit IV

Challenges and Intervention in Youth welfare: Concept of youth, youth profile, socialization of youth, youth problems - behaviour, functional and emotional problems. Role of youth in freedom movement, social change, politics, youth movement and ideologist, youth unrest and youth development. Youth welfare: concept definition, philosophy and evolution of youth welfare programmes in India. Policies and Programmes for youth, and training for youth leadership, problems of rural, urban and

tribal youth and application of social work methods in working with youth groups. **(12L)**

Unit – V

Women welfare &Gender Issues: Status of women, concept of reproductive health and rights, gender and women development, problems of rural, urban and tribal women, critical analysis of third gender and their rights, women trafficking, women in commercial sex, women in non formal/informal sector, women in slums, women and education, critical review of policies, programmes and legislation to women. **(12L)**

(Total   60 L)

Reference:

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7. Jayanthi, I and Thomas William A, (2017) Disaster and Tsunami: Psychosocial Impact, Kapaz Publication, New Delhi.

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Community Development

Project Oriented Elective No: 3   **L T P C**
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 Objectives:
* To help the students understand various communities living in India.
* To understand the various programmes related to community development.

Unit - I Rural development-concept problem and issues

Rural community – rural urban differences and continuum – types of Indian village community concept and need of rural community development - approaches of rural development. Spatial planning approach - multipurpose approach, integrated development approach, area development approach - multilevel district planning, target sector approach – illiteracy – poverty - unemployment, underemployment, seasonal employment, untouchability, communal conflicts – political issues – impact of globalization.   **(14L)**

UNIT – II Rural community Development Administration

Organizational set up and administration from national to block level – central rural development ministry and community development agencies and district level rural development agencies and district planning authorities – functions of block development officer and extension officer – role of voluntary agencies in rural community development.   **(12L)**

UNIT - III Concept and problems of urban community

Definition, classification, characteristics and theories of urbanization, SLUM: definition, theories, causes and characteristics, housing Deviant behaviour, corruption, prostitution, beggary, sanitation, health congestion , pollution.   **(10L)**

UNIT IV

History of urban local self-government in India, form of urban local self-government, organizational structure and functions. Problems of municipal administration in India. Process of organizing the communities. New trends in popular participation in Development. Relevance of Social work practice   **(10L)**

UNIT - V Rural and urban community development programmes

Rural Development Programme: A very brief idea on IRDP, ITDP, TRYSEM, DWACRA - In-depth study on Centre and State current programmes.**Urban Development Programmes:** Urban development policies; Town planning and Related Legislations; Town planning Acts; Land Acquisition Act, programmers: A very Brief idea on IUDP, UBS; In-depth study on recent programmes: Swarna Jayanthi Shahari Rozgar Yozna: Development of women and children in urban areas; Urban self – Employment Scheme; National Slum Development Programmes; Urban Wage employment Programmes.   **(14L)**

                                                            (Total   60 L)

REFERENCES:

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Medical and Psychiatric Social work

Project Oriented Elective No: 4   **L T P C**
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Objectives:

- To develop and understand issues relating to Mental Health, Illness, Psychatric and Medical Social Work and to promote interventional strategies

Unit I

Mental health and illness: Concept of positive mental Health, Psychological well being, mental health and illness, attitude towards mental illness, epidemiological studies and socio demographic correlates of mental illness in India. **View points of illness:** biological, psycho-social and socio-cultural: causal factors in abnormal behavior, perspective on causation: biological and psycho-social causal factor.Anxiety disorders, disassociative (conversion) disorders, obsessive compulsive disorders, adjustment disorders and behavioral syndromes associated with psycho physiological disorders.Psychopathology of personality and behavior disorders, specific personality disorders, behavior disorders due to psychoactive substance use and alcoholism, sexual dysfunctions and disorders, psycho active substance use disorders.   **(16L)**

Unit 2

Psychiatric social work: History, objectives, scope, nature and principles of psychiatric social work, role of psychiatric social worker in hospitals, day care centre, foster homes, community projects and educational institutions, half way home. Psychological based therapies: psycho dynamic therapy, behaviour therapy, cognitive behaviour thereby, humanistic experiential therapies and therapy for inter personal relationship. Applications of tools/scales to measure the psychiatric disorders and use of statistical package (practical exposure study).   **(14L)**

Unit 3

Medical Social work: Concept, historical development, principles, need and scope. Dimensions of health; positive health and well being; determinants of health, right to health; indicators of health, parameters of community health, philosophy of health services.   **(10L)**

Unit 4

Pathology of Disease: Causation, modes of transmission, disease control, concept of prevention and level of prevention, mode of intervention and changing patterns of disease.   **(10L)**

Unit 5

Hospital planning and Administration: Management process and principles, hospital organization structure, hospital planning and challenges of the administration of hospital services, administration of outpatient and inpatient services, emergency services in hospitals, planning and management of ophthalmic services, radiotherapy and oncology centre, management of neonatal intensive care, administration of rural hospitals, role of hospitals in primary health.   **(10L)**

(Total   60 L)

References:

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